

ASC



# Menu

Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
High tea	Tuna/ Chicken salad wraps	Rice cakes with tzatziki, olives, tomatoes and cucumber	Ham and cheese rolls served with veggie sticks	Hot dog Spaghetti	Buttered English muffins
	G, F	SY	G, DA	G	G

Fruit available throughout the session

Where allergens are present, it is displayed next to the relevant meal.

Gluten - G, Dairy - DA, Egg - E, Fish - F, Nuts - N, Peanuts - P, Soya - SY, Celery - CE, Mustard - MU, Sesame - SE, Sulphites - SU, Lupin - LU, Shellfish - SF, Vegan - V