



ASC

Menu

Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
High tea	Tuna/ Chicken salad wraps	Pitta bread with tzatziki, olives, tomatoes and cucumber	Chicken and cheese rolls served with veggie sticks	Pasta with sauce	Buttered English muffins and mixed vegetables
	G, F	SY	G, DA	G	G

Fruit available throughout the session

Where allergens are present, it is displayed next to the relevant meal.

Gluten – G, Dairy – DA, Egg – E, Fish – F, Nuts – N, Peanuts – P, Soya – SY, Celery – CE, Mustard – MU, Sesame – SE, Sulphites – SU, Lupin – LU, Shellfish – SF, Vegan – V