



ASC

# Menu

Week 4



	Monday	Tuesday	Wednesday	Thursday	Friday
High tea	<p><b>Bagels</b> topped with <b>cream cheese</b> and <b>chicken slices</b> served with <b>veggie sticks</b></p>	<p><b>Tuna</b> and <b>sweetcorn pasta</b></p>	<p><b>Crackers</b> with <b>cheese</b> served with <b>veggie sticks</b></p>	<p><b>Cheesy jacket potatoes</b> with <b>Salad</b></p>	<p>Mini crustless <b>vegetable</b> and <b>ham quiches</b></p>
	G, DA F, G	F, G	DA, G	DA	G, DA, E

**Fruit** available throughout the session

Where allergens are present, it is displayed next to the relevant meal.

Gluten – G, Dairy – DA, Egg – E, Fish – F, Nuts – N, Peanuts – P, Soya – SY, Celery – CE, Mustard – MU, Sesame – SE, Sulphites – SU, Lupin – LU, Shellfish – SF, Vegan - V