



Menu

Week 4



	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Fruit salad	Melon	Pepper sticks & hummus	Cheese & apple	Breadsticks & guacamole
Light tea	Mackerel Pate oat cakes with vegetable sticks	Beans on toast & Fruit bowl	Bagels & cream cheese with ham & vegetable sticks	Tomato pasta with pulses (Homemade)	Toasted English muffins with tuna Veggie sticks
	G, DA, F	G,	SE, G, DA	DA, G,	, DA, G, E, F

Where allergens are present, it is displayed next to the relevant meal.

Gluten – G, Dairy – DA, Egg – E, Fish – F, Nuts – N, Peanuts – P, Soya – SY, Celery – CE, Mustard – MU, Sesame – SE, Sulphites – SU, Lupin – LU, Shellfish – SF, Vegan – V