

# Menu

## Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Fruit salad	Cheese & Tomato	Veggie sticks & dip	Bananas & pears	Greek yogurt & mixed berries
Light tea	Fish finger sandwiches with peas	Butternut squash and lentil dahl with Naan	Chicken or tuna sandwiches with vegetable sticks	Toasted crumpets with ham & vegetable sticks	Egg muffins with vegetables
	G, F,	G, DA,	DA, E, G, F	DA, G,	DA, G, E

Where allergens are present, it is displayed next to the relevant meal.

Gluten – G, Dairy – DA, Egg – E, Fish – F, Nuts – N, Peanuts – P, Soya – SY, Celery – CE, Mustard – MU, Sesame – SE, Sulphites – SU, Lupin – LU, Shellfish – SF, Vegan – V