

This week for snack & high tea we are eating.....

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Fruit bowl	Fruit Loaf	Grapes	Carrot & pepper stick with cottage cheese	Fairy cakes
High tea	Burritos with Mexican rice & guacamole	Beans on toast	Rice cakes with cream cheese	Vegetable cous cous	Ham or tuna Sandwiches

Week 4

The following allergens are highlighted:

Cereals containing gluten, Milk, Fish, mustard, Soya, Eggs