

This week for snack & high tea, we are eating...

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Fruit bowl	Pineapple	<b>Cheese</b> and apple	Poppadoms and tzatziki dip	<b>Fig rolls</b>
High tea	Rice cakes with cream cheese and salsa	Toasted <b>Bagels</b>	Beans on <b>toast</b>	<b>Rye crisp</b> breads with homemade <b>tuna pate</b>	Fluffy scrambled <b>egg on toast</b>

### Week 3

The following allergens are highlighted:

Cereals containing gluten, **Milk**, **Fish**, **mustard**, **Soya**, **Eggs**, **sesame**