

This week for snack & high tea, we are eating...

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Fruit bowl	Pineapple	Cheese and apple	Poppadoms and tzatziki dip	Fig rolls
High tea	Rice cakes with cream cheese and salsa	Toasted Bagels	Beans on toast	Rye crisp breads with homemade tuna pate	Fluffy scrambled egg on toast

Week 3

The following allergens are highlighted:

Cereals containing gluten, Milk, Fish, mustard, Soya, Eggs, sesame