



Intimate and Personal Care Policy

September 2025- September 2026

The Acorn Childcare Centre (the Centre) is committed to meeting the needs of all children including those with inclusion requirements. To do this, we will work in partnership with parents/carers regarding their child's normal toileting routines and any difficulties will be discussed and managed appropriately.

All staff members have a duty of care and will not delay or refuse to change a child if required. Asking a parent to come and change a child is a direct contravention of the Disability Discrimination Act (DDA) and leaving a child in a soiled/wet condition for any length of time pending the return of the parent is a form of abuse.

Aims

- To ensure that all children receive support during intimate care and the comfort of the child to be always maintained.
- To provide support and care for the child involved, through discussion with parents. It may be necessary to offer advice to parents or signpost them to the health visitor or the local children's centre for further help and support.
- To always maintain the dignity and privacy of the child.
- To ensure that adequate response is always available within the Centre (named staff to deal with incontinence / provision of equipment if required).

The parent:

- Agrees to ensure that the child is changed at the latest possible time before being brought to Centre.
- Provides the Centre with spare nappies, wet wipes, cream and a change of clothing.
- Understands and agrees the procedures that will be followed when their child is changed at Centre including the use of any cleanser or the application of cream.
- Agrees to inform the Centre should the child have any marks/rash.
- Agrees to a 'minimum change' policy i.e. the Centre would not undertake to change the child more frequently than if s/he were at home.
- Agrees to review arrangements should this be necessary.

The Centre:

- Will always apply a sense of concern and dignity for the child.
- Agrees to change the child should the child soil themselves or become uncomfortably wet. Ideally this will be immediately following the soiling or as soon as possible thereafter.
- Will agree with the parent how often the child would be changed.
- Agrees to report should the child be distressed, or if marks /rashes are seen.
- Agrees to review the arrangements should this be necessary.

- Provide additional nappies at a cost 20p each should the child run out of nappies provided by the parent.

Good Practice in Intimate Care

- Staff will get to know the child beforehand to gain an appreciation of his/her moods and verbal and non-verbal communication.
- Staff will have a knowledge and understanding of any religious and/or cultural sensitivities relating to aspects of intimate care.
- Staff will speak to the child personally by name so that he/she is aware of being the focus of the activity.
- Explanations of what is happening will be given in a straightforward and reassuring way, avoiding negative comments and disapproval expressed verbally or through body language.
- When washing, staff will encourage the child to attempt to wash intimate parts of the body him/herself.
- Respect will be shown for a child's preference for a particular carer and or sequence of care.
- Staff to clean changing area/toilet after use.
- There will be sufficient space, heating and ventilation to ensure safety and comfort.
- Staff will always wear an apron and disposable gloves when dealing with a child who is soiled.
- Soiled nappies will be sealed in a nappy sack and placed in a specialised bin and the bin will be emptied daily.
- Supplies of suitable cleaning materials will be provided for cleaning and disinfecting surfaces after use.
- Hot water, liquid soap and hand gels will be available to wash hands as soon as the task is completed.
- Paper towels will be available for drying hands.
- Supplies of fresh clothes will be easily to hand so that the child is not left unattended whilst they are accessed.

Facilities

- Facilities do not exist for a child to be showered at the Centre. A shower is available at the school if required.
- There are dedicated areas for changing a nappy or soiled clothing in all the children's rooms at the Centre.
- Hand washing facilities are situated inside the facility.
- Clean, fresh drinking water is always available within the Centre.

Record Keeping

It is good practice for a written record to be kept in an agreed format every time a child has physiotherapy or requires assistance with intimate care, practitioners within the 0-3 rooms will log details of intimate care on the care diaries embedded within our online learning journal. It is normal practice for Centre staff to advise parents on how often nappies were changed at collection time.

Child Protection

The process of changing nappy/ soiled clothes should not raise a child protection concern, and there are no regulations that indicate a second member of staff must be available to supervise the changing to ensure that abuse does not take place. Children's privacy is

considered and balanced with safeguarding and support needs when changing nappies and toileting. All Centre staff are enhanced DBS-checked to ensure the safety of the pupils.

This policy was adopted on	Signed on behalf of the nursery	Date for review
<i>September 2024 Reviewed September 2025 - SK</i>	<i>Lorna Hodgett</i>	<i>September 2025 September 2026</i>